

Since 1989, *Boca House* and *Awakenings* have grown in a planned expansion in response to the ever increasing demand for the many specific services we provide to the recovering community. We are still setting the standards by which other halfway houses and sober living environments strive to model.

As two of the most innovative recovery communities in the country, *Boca House* and *Awakenings* provide not only a safe environment, but the support, guidance, nurturing and structure needed for early recovery.

If you are looking for an aftercare program to continue your journey in recovery, most facilities will stress only what they expect of you. We believe that, as important, is what you can expect from us.



Boca House for Men

321 West Camino Real
Boca Raton, Florida 33432
Tel 561-391-1934 Fax 561-362-7841
www.bocahouse.com



Awakenings for Women

275 N.W. 20th Street
Boca Raton, Florida 33431
Tel 561-391-2252 Fax 561-417-7796
www.bocahouse.com



Boca House *for men*



Awakenings *for women*



You have traveled
a long and difficult
road to get where
you are today.

Now take the next
step to long-term

recovery and
choose the best

course to a
healthy, happy

and productive life.

Transition from treatment to independence...



We are about practicing recovery skills in the real world.

Our clients form a diverse family with many differences...

Some are younger, some are older. Some come from families of financial means, while others come from modest backgrounds.

Clients come from all regions of the United States, as well as Eastern Caribbean and Europe.

These differences do not matter though, because they all have one thing in common. They are all recovering from a life threatening disease...

And they come to *Boca House* and *Awakenings* to reclaim their lives and find joy in their sobriety.



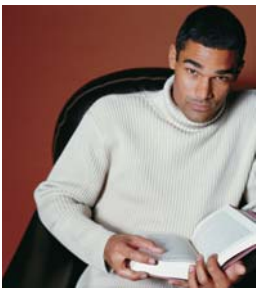
Boca House
for men

Awakenings
for women

If you bring the **WILLINGNESS,** we'll show you how to make the changes.



And these changes continue to be strengthened in our **THREE LEVEL TRANSITIONAL RECOVERY PROGRAM**. This program allows each resident to progress through levels of increasing independence, while focusing on balancing your 12-step recovery efforts, work and social activities. Each level is managed by its own team of resident managers.



"Knowledge alone is not enough to keep us sober, it requires education, action and practice."

LEVEL 1 (Months 1-2)*

Level 1 is geared toward orientation and adjustment. We help you toward stabilization in 12-step meetings, sponsorship, and full-time employment.

For the first 2 weeks, new clients are driven daily to 12-step meetings in the area of Boca Raton. This allows you the opportunity to begin building a support group in recovery outside *Boca House* and *Awakenings*. You will be assigned a big brother or big sister who will help guide you through the early stages of adjusting to life within our community.

LEVEL II (Months 3-4)* For the residents of Level II, there is more flexibility. Curfews are later, clients can work more evenings and meetings focus more on relapse prevention.

LEVEL III (Months 4+)*

The Senior Level III program is designed for clients who wish to continue their recovery in a safe environment. Level III offers more independence, with a continued emphasis on full-time employment, 12-step meetings, maintaining an ongoing relationship with a sponsor and attendance at weekly relapse prevention meetings and community meetings. This experience helps prepare you to meet the new challenges you will encounter as you continue to live clean and sober.

GRADUATE HOUSE (Months 8+)

Graduating House affords the individual the opportunity to become fully responsible without the supervision of others and still be involved in clean and sober living.

*Transitions are approximate and based on individual client progress.



Group and individual
SUPPORT
are important steps
towards a
healthy lifestyle.

We support our clients with a large and qualified staff of professionals. Our full and part-time dedicated team includes recovering people with years of experience. In addition, we have available for a modest fee the services of licensed professionals for optional individual therapy sessions.

Our staff not only knows the process, we know the program. WE'VE BEEN THERE...and we live by the 12-step principles. We believe that the staff's responsibility is to teach, as well as model the program.



US

What you can expect from

- Separate, safe men's & women's communities
- Dedicated staff available day, night and weekends
- Licensed therapists for optional individual sessions
- Carefully orchestrated three-level transitional program
- Client financial management
- Medication safe-keeping
- Van service to transport clients arriving at airports, train and bus stations
- Transportation provided daily for the first 2 weeks to recovery meetings
- Conveniently located on the bus lines
- Located in safe, affluent Boca Raton, Florida
- Strong recovery area - 600 meetings a week plus numerous sober social activities & events
- Solid job market
- Close to beaches and shopping
- Near two universities
- Links to community resources

YOU

What we expect from

- Remain abstinent from drugs and alcohol
- Submit to random urine tests done on-site
- Follow community guidelines
- Maintain employment
- Attend daily 12-step meetings
- Work with a sponsor
- Participate in weekly lifeskills and community meetings
- Pay weekly rent

"I know I can't do this alone..."



Addiction affects everyone.

RECOVERY

affects everyone too!

It is an established fact that chemical dependency is a family disease, and *Boca House* and *Awakenings* address this reality every day through family consultations. Our professional staff is always available to consult with family members to help them learn ways to improve their family relationships, understand the client's recovery experience and help integrate the client back into the family.

- Weekly cookouts followed by a 12-step meeting
- Weekly City & Boca House sponsored softball games
- Weekly newsletter with full collaboration of residents
- Monthly in-house talent show



join us for the journey...





Apartments you can call

HOME

Boca House and *Awakenings* provide the best opportunity for long-term success, not because we're the largest, but rather due to our continuing commitment to offer one of the most dynamic and supportive after-care programs available.

Boca House for men and *Awakenings* for women are two separate recovery communities that share the same goal: we provide a safe environment for you to grow in sobriety. Our program builds, nurtures and supports the reality that there is life after drugs and alcohol; and it is a life of abundance, purpose and meaning.



Boca House for Men



Awakenings for Women

The sixteen apartment buildings of *Boca House* are divided so that each of the three recovery levels has its own campus. The six complexes are within 1/4 mile of each other and include 1 bedroom/1 bath, 2 bedroom/2 bath, and 3 bedroom/3 bath apartments. Each furnished apartment has a living room with cable TV, dining area and kitchen stocked with the necessary cooking utensils and supplies. Washers and dryers, vending machines and telephones are located at each complex. Additionally, you'll find a beautiful pool, workout area & plenty of parking. And for those that feel that they are ready for life and no longer need the structure we offer graduate housing comprised of seven beautiful houses, each fully furnished with their own washers and dryers and swimming pools.

Awakenings is across town in a lovely 2-story building with twenty-two 2 bedroom/2 bath apartments, its own pool, parking area, vending machines and laundry rooms on both floors.

All apartments are tastefully decorated and ready for you to move into.